



TABLE OF ACTIVITIES as of 2nd April 2026

☛ Participants must also be a financial member of Senior Citizens for these activities.

* Designates external provider.

SUBJECT	CONTACT	PHONE NO	VENUE	TIME
MONDAY				
☛ CARDS	Paul Andrew Yvonne Davis	0427 598 671 0417613816	Senior Citizens Centre 58 Macalister St	9:00am – 12:00pm
Coins & Notes	Sam Patti	0401 435 990	Harrup Park Café Juliette Street	10am 1st Monday of month
☛ iPad / iPHONES	Rob Lucas	0499 606 030	Senior Citizens Centre 58 Macalister St	12:30 – 2:30pm Bookings Essential
LAWN BOWLS	Janette Dark	0427 275 492	City Bowls Shakespeare St	1:00pm – 2:30pm
MUSICAL CHIMES	Laurel Etwell	0428 605 912	St Ambrose Church Hall 28 Glenpark St	12:45pm – 2:30pm
☛ UKULELE STRUMMING	Muriel Kilcullen Cathy Heathwood	0409 495 525 0447366962	Senior Citizens Centre 58 Macalister St	2:00pm – 4:00pm

TUESDAY				
*☛ BALANCE by <i>FitBoy International</i>	Jennish Chantelle	0409 272 573 0466 185 005	Senior Citizens Centre 58 Macalister St	11:15am – 12:00pm
☛ CARDS	Paul Andrew Yvonne Davis	0427 598 671 0417613816	Senior Citizens Centre 58 Macalister St	1:00pm – 4:30pm
CARDS	Deb Hancock	0419702025	SARINA Sarina Bowls Club	9:30am – 12pm 2nd, 3rd, 4th Tuesday of month
*GET MOVIN'	Bob Kerlake Maureen Ruge	0422 996 534 0408 792 758	CQU (City Campus) Sydney St	9:15 – 10:15am (<i>Class 1</i>) 10:30 – 11:30am (<i>Class 2</i>)
SCRABBLE / UPWORDS	Judy Petersen	0436 572 767	60 Wellington St	2pm – 4pm 2nd and 4th Tuesday of month
*TAI CHI with Renae: Beginners	Monica Stewart- McLean	0408 549 527	14A Tennyson St	9:00am – 10am <i>Discount for U3A members</i>
TRIVIA	Jill Tedman	0419659220	SARINA Sarina Bowls Club	9:30am – 12pm 1st Tuesday of month
HAPPY SNAPPERS (PHOTOGRAPHY)	Alan Porter Don Harvey	0467 939 665 07 4954 7608	Mackay Golf Club (Session 1 of 2 per month)	10am – 11am 4th Tuesday of month

WEDNESDAY				
* AIR RIFLE SHOOTING	Alan Porter	0467 939 665	Bookings Essential	3rd Wednesday of month \$20 - includes afternoon tea
☛ COMPUTERS FOR BEGINNERS	Rob Lucas	0499 606 030	Senior Citizens Centre 58 Macalister St	12:30 – 2:30pm Bookings Essential
GREEN THUMBS (GARDENING)	Paul Andrew Hector Keioske	0427 598 671 07 4951 4145	See Newsletter for each month's venue	1:30pm – 3:30pm 2nd Wednesday of month
☛ MAH JONG	Sharyn O'Brien Robynne Dudley	0472 681 587 0410 597 822	Senior Citizens Centre 58 Macalister St	9:00am – 12:00pm



SUBJECT	CONTACT	PHONE NO	VENUE	TIME
Wednesday continued...				
MOVIE BUFFS	Glen George Sue De Meer	04315 383 028 0400 292 393	Mt Pleasant Cinema	Last Wednesday of month - see Newsletter for details
SARINA LUNCHES	Karen Parchert	0407639016	SARINA: Venue will be on Facebook	12pm – 2pm Last Wednesday of month
SMALL DOG GROUP	Kaylene Stephen	0417 146 265	Queen's Park dog park	10:00am – 12:00pm

THURSDAY				
ANCIENT HISTORY	Hector Keioskie Pam Armstrong	07 4951 4145 0449 288 016	60 Wellington St	9:00am – 11:00am 1 st and 3 rd Thursday of month
ART GROUP	Rosemary Sunner Paul Sunner Sam Patti	0409 635 001 0406 930 910 0401 435 990	Mackay Art Society Snow Wright Crt	9:00am – 12:00pm
BOCCE	Shelley Field	0419 430 384	Botanic Gardens Lagoon St	2:45pm – 4:00pm
* LINE DANCING	Winsome Brown	0448 937 245	Senior Citizens Centre 58 Macalister St	Absolute beginners 9:00am – 10:00am Experienced 10:00am – 11:00am
MAH JONG	Cathy Oats	0439 637 907	Club Northern Beaches (Note venue change)	8:30am – 12:00pm
* TAI CHI with Renae	Monica Stewart-McLean	0408 549 527	14A Tennyson St	9am – 10am <i>Discount for U3A members</i>
TRIVIA	Muriel Kilcullen Paul Andrew	0409 495 525 0427 598 671	Senior Citizens Centre 58 Macalister St	1:30pm – 4:00pm 2 nd Thursday of month

FRIDAY				
* ANDROID PHONES / TABLETS	Rob Lucas	0499 606 030	Senior Citizens Centre 58 Macalister St	9:00 – 11:00am Bookings Essential
CREATIVE WRITING	Rae Halpin Liz Springall	0407639356	Jubilee Centre Alfred St	9:30am – 11:30am Waiting List - Please phone
FRIDAY LUNCHES	Glen George	0415 383 028	See Newsletter for this month's venue	12:00pm - 2:00pm 2nd Friday of month
OPERA ON THE BIG SCREEN	Noel Flor	07 4942 4776	Breezes Beaconsfield Rd	12:00pm – 4:00pm 1st Friday of month
* SATYANANDA MEDITATION	Sandra Wardzinski Carol Single	0407 726 372 0429131313	Senior Citizens Centre 58 Macalister St	9:00am – 11:00am
* SCALE MODELLING	Ross Moore	0488 758 206	Senior Citizens Centre 58 Macalister St	6pm – 9pm 2nd & 4th Fridays
HAPPY SNAPPERS (PHOTOGRAPHY)	Alan Porter Don Harvey	0467 939 665 07 4954 7608	Organised outing (Session 2 of 2 per month)	10am – 11am 3rd Friday of month



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T: 0493 360 261 | E: secretary@u3amackay.com | W: www.u3amackay.org.au

P: Senior Citizens Centre, 58 Macalister Street, Mackay. 4740